



Diocese of Austin
The Catholic Church of Central Texas

CROSS TRAINING 2010

July 8-11, 2010



CROSS TRAINING RETREAT A CATHOLIC TRAINING CAMP

The aim of the Cross Training Retreat is to provide rising high school freshmen an opportunity to prepare (mentally and spiritually) for the rigors of high school. The four-day experience will give survival skills for living a Christian lifestyle and allow young people to meet other youth from around the Diocese. There will be presentations, prayer, service projects, worship, and tons of social activities—in other words, a whole lot of fun!

WHO SHOULD ATTEND?

Cross Training is designed specifically for rising high school freshman (those who will be freshman in the 2010-2011 school year) throughout the Diocese of Austin.

ABOUT THE STAFF

Cross Training is a well-established program, sponsored by the Diocese of Austin Office of Youth, Young Adult & Campus Ministry. The program is staffed by several adults and numerous high school youth from around the Diocese. Each of the team members has been thoroughly trained and many have served in this capacity previously. With a student to leader ratio of 7 to 1, each participant will have the benefit of individualized support and ample opportunity for interaction.

ABOUT THE SCHEDULE

A typical day includes a wake-up call, breakfast, and several sessions/activities. After lunch, there is time for recreation, followed by more sessions, and activities. Dinner is followed by more activities and time for socialization. Not to worry, there will be plenty of time for sleep too!

ABOUT THE PROGRAM

This is a great chance to meet new friends, see how God fits in with everyday life, learn how service can make a difference in the world, eat some mighty fine chow and, above all, have a fantastic time with other Catholic teens from around the diocese!

ABOUT THE LOCATION

Cross Training will be held at Eagle's Wings Retreat Center which is located in Burnet. For more information about the facilities at Eagle's Wings, please visit their website at www.eagleswingsretreatcenter.org.

ABOUT THE COST

The registration fee for Cross Training is \$150 per person. This cost includes:

- sleeping accommodations,
- meals for the week,
- tuition and all necessary materials and supplies
- official Cross Training t-shirt

(The registration fee does not include transportation to the retreat location.)

Space is limited, therefore, a **non-refundable** deposit of \$75 is due along with a completed registration form postmarked no later than June 23, 2010 in order to reserve your spot. The balance of \$75 must be paid prior to the start of the retreat.

QUESTIONS OR CONCERNS?

For more information, please contact Marlene Lopez, at marlene.a.lopez@gmail.com or Chris Bartlett at chris-bartlett@austindiocese.org.

Upon acceptance, participants will be mailed a packet containing more detailed information.

APPLICATION AND REGISTRATION FORM CROSS TRAINING 2010

Name: _____

Address: _____

City / State / Zip: _____

Phone: _____ E-mail address: _____

Birth date: _____ Age: _____ Gender: _____

Name of Parish: _____ T-shirt size: _____

The above named individual has my permission to attend Cross Training 2010.
I understand that parental consent / medical release forms will be required of all participants.

(Parent / Guardian Name)

(Signature)

(Date)

(NO APPLICATION WILL BE ACCEPTED WITHOUT THE ABOVE SIGNATURES!)

Please return this form along with a non-refundable deposit of \$75 postmarked no later than June 23, 2010 to:

Office of Youth, Young Adult & Camus Ministry
6225 Highway 290 East
Austin, TX 78723